



Working with Schools, Children and Families to Raise Aspirations

Sports Funding

Play, Wellbeing and Interaction Programme

This professional development package is designed to enhance the knowledge and understanding of support staff in relation to supporting play, leisure and extra-curricular sporting activities, with an emphasis on the mental health and wellbeing of children.

The package includes three training sessions, two of which are taken from the accredited TA Professional Development programme we run, which can lead to a full NVQ Level 2 Qualification.

Prior to the training sessions we recommend all delegates complete the “Keeping Children Safe” safeguarding package available free of charge through the County Council - level 1 online.



The Sessions:

1. Support Children & Young People’s Play & Leisure - This unit provides the knowledge, understanding and skills required to support children and young people’s play and leisure. It requires demonstration of competence in supporting play and leisure activities, helping children and young people to manage risk and challenge and reflecting on and improving own practice.

What will people get out of doing this – understand the importance of play and leisure and how this can contribute to children’s development, describe the characteristics of freely chosen, self-directed play and leisure and their role in supporting children. Outline and describe the value of risk and challenge in children’s play and leisure. Also provides the opportunity for staff to reflect and improve on their own contribution.



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2. Support Extra-Curricular Activities - This unit provides the knowledge, understanding and skills to support extra-curricular activities under the direction of the school. It requires demonstration of competence in preparing for extra-curricular activities, delivering activities and bringing activities to an end.

What will people get out of doing this – prepare and support children to organise an extra-curriculum activity, use skills and techniques to help children to understand what they are going to be doing and motivating them to take part. Prepare children to finish their activity and give them feedback on their participation. Also provides the opportunity for staff to reflect and improve on their contribution to the activity.

3. Mental Health – Children at Risk of Poor Mental Health – helps to identify the risk and protective factors, raises awareness of Mental Health in children and links to keeping children safe in education.

Follow up:

Our price includes time from an accredited OCR Assessor which can be used for the Assessor to observe the knowledge gained in the training sessions being used in practice.

The Assessor will certify the training has been successfully embedded or offer additional recommendations to enable that to happen. Successful delegates will receive certified confirmation that they have completed modules towards the OCR level 2 qualification.

Delegates will complete a workbook whilst completing the programme to ensure their knowledge and understanding.

Price

Our price for carrying out the training programme and follow up observations is:

- £500 plus VAT for up to 10 delegates;
- £850 plus VAT for up to 20 delegates.

In addition, there are fees to pay to the accrediting body to enable the sessions to count towards the formal qualification of £65 plus VAT per person.