



Working with Schools, Children and Families to Raise Aspirations

Aspire Behaviour Management Mental Health Training Programme

<u>Date</u>	<u>Session</u>	<u>Description</u>
Thurs 4 th June 4.15pm – 6pm	ASC and its Impact	This workshop will give participants an up to date overview of ASC, what it is, how to spot the signs, and tips on how to manage it within the classroom
Mon 25 th June 4.15pm – 6pm	Attachment and its Impact	This workshop will give participants an up to date overview of Attachment Disorders, how to spot the signs, and tips on how to manage it within the classroom
Thurs 28 th June 4.15pm – 6pm	Resilience	This workshop will enable participants to gain a better understanding of resilience, what it looks like and why it is important to teach it
Mon 9 th July 4.15pm – 6pm	Supporting MH in a Learning Environment	This workshop will help participants to gain a better understanding of what mental health is, how it might display in a classroom, when to have concerns, strategies to support good mental health